



CONNECTIONS

Connecting to Your World

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Happy New Year!

Happy New Year! As we begin a new year we often take the time to set new goals for ourselves. As we begin 2015 it is never too late to think about continuing our education and learning new skills. We offer ESL classes, computer classes, credit courses, Literacy and Basic Skills, OASIS Skills Building courses and more. We would be happy to assist in reaching your educational goals.

January 27 is Family Literacy Day! ABC Life Literacy Canada is encouraging families to enjoy "15 Minutes of Fun" learning together. Some examples are: playing a board game, reading books, pick a new recipe and bake something, doing a craft or fun activity together, write a poem or story together. Be creative and have fun with it!



Literacy Myths

Myth: The place to learn literacy skills is in schools.

Fact: Learning cannot stop after school. The opportunity to use and develop essential skills on the job can actually maintain and enhance these skills long after formal education is completed.

ESL

ESL (English as a Second Language) class is held every **Monday evening from 6:00 to 7:30 p.m.**

Call 727-3207 for more information.



Excel Level I will be beginning Monday, January 19th. Class will run for 5 weeks; 5:00 to 7:00 p.m. each evening. Call to reserve your spot.



Sage 50 (Simply Accounting) Level II will begin on Wednesday, January 28th at 5:00 p.m. It will run for 5 weeks. Please call to reserve your spot.

Join us for a Good Ol' Saturday Night

The Red Lake District Adult Learning Centre with funding provided by a Seniors Community Grant will be hosting evenings filled with music, entertainment, and dancing with local musicians and storytellers.

The events are free and refreshments will be provided.

Everyone over the age of 19 is invited!

The Legion Bar will be available.

Are you 55+ with a story you would like to share?

Please contact Catherine Mochrie at 662-1149.

Dates: January 24
February 21
March 21

Times: 6:30 p.m. to closing.

**Let's get out for a
Good Ol' Saturday Night!**

Funded by the Government of Ontario.



Recipe Corner

Easy Slow Cooker Chili

Ingredients:

- 3 tbsp vegetable oil
- 2 onions diced
- 1 red pepper diced
- 4-6 garlic cloves chopped
- ¼ cup chili powder
- 1 tbsp ground cumin
- 2 pounds ground beef
- 1 ½ tsp salt
- 1 can diced tomatoes
- 1 can tomato sauce
- 2 cans kidney beans
- ¼ cup green chili's (optional)
- Sour cream and cheese for serving.

Instructions:

Heat oil and cook onions and pepper, season with salt. Add garlic, chili powder, cumin. Add ground beef and cook till no longer pink.

Transfer mixture to slow cooker and add diced tomatoes, tomato sauce, and beans. Stir to combine. Cook on low for 6 hours or high for 8 hours in crock pot.

Serve with cheese and sour cream.

Financial Literacy

Financial Literacy is having the knowledge to understand personal and broader financial matters, skills to apply that knowledge and understanding to everyday life, and the confidence to use the skills and knowledge to make responsible financial decisions that are appropriate to the individual's situation. (Task force on Financial Literacy)

In 2010, Statistics Canada reported these findings;

- More than one-third of Canadians are struggling to keep up with their finances
- 30% of Canadians are not planning for their retirement
- Only 35% of Canadians know that their stock market investments are not insured
- About one-third of Canadians do not understand the effect of inflation on their buying power

Two approaches to financial literacy that have proven useful are Information and Behavioral approaches.

Informational approach includes providing the informational programs such as Canadian Bankers Association "Your Money" website where Canadians can learn about budgeting, saving, investing, borrowing and credit profiles by watching videos and using interactive tools. Another example would be the Financial Consumer Agency of Canada. This was created by the Federal Government to provide information and interactive tools to learn about credit cards, mortgages, loans, credit scores, banking, insurance, rights and responsibilities when dealing with federally regulated financial institutions.

Behavioral Approach is designed to help when information is not enough but rather a change in the individual's financial behaviors. Most programs to assist with changing financial behaviors rely on incentive programs. An example would be learn\$ave which is a federally funded program currently being evaluated by the Social Research and Demonstration Corporation.

Visit the Financial Consumer Agency of Canada website to take the Financial Literacy self-assessment quiz to see how your money management skills measure up. Here is the link: <http://itools-ioutils.fcac-acfc.gc.ca/FLSAT-OAELF/star-comm-eng.aspx>

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Sponsors for 2014/2015

"It is not how much you give or do, but how much you put into giving or doing." ...and we are very grateful for those people in our lives.

Here is a list of this year's Corporate Sponsors.

- **Gillons' Insurance Brokers Ltd.**
- **Harmony Centre**
- **Lakeview Restaurant**
- **New Starts for Women**
- **Red Lake Career and Employment Services**
- **Red Lake District Lions Club**
- **Royal Canadian Legion Branch 238 – Ear Falls**
- **Rubicon Minerals Corporation**

Thank you for your support



**Congratulations to Melanie Tougas of
Balmertown on winning our Christmas
Basket!**

**We would like to thank all who purchased
tickets in support of The Red Lake District
Adult Learning Centre. A big thank you to the
Lakeview for hosting our basket and selling
tickets.**

Quote

Education isn't what you
learn it's what you do with
what you learn.

The journey of a lifetime
starts with the turning of a
page.

EMPLOYMENT ONTARIO

Ontario's employment & training network

This *Employment Ontario* service is funded in part by
the Government of Canada