



# CONNECTIONS

*Connecting to Your World*

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## Productivity

The Adult Learning Centre has been a buzz of productivity since the New Year! We have had a record amount of lessons being handed in, new students registered, exams written and having fun learning new skills. We had Marilyn Duncalfe here from Job Connect doing presentations for our learners. We continue with learning to cook healthy meals.

We are working on getting things together for our Spring basket. We appreciate the community support in our ticket sales.

March 16-20<sup>th</sup> will be Spring Break for staff and students and then students will be buckling down to see how much they can accomplish before the school year is done.

It is never too late to start. If you are looking to learn something new or take credit courses stop by or give us a call at 727-3207.

ESL will be cancelled during March Break and will resume on Monday March 23, 2015.



## Literacy Myths

**Myth:** Young People entering the workforce will have the requisite skills necessary to meet the technological and literacy demands of a modern workplace, and will effectively fill the spots previously filled by the Baby Boomer.

**Fact:** Employers face a workplace with fewer young people aged 20-39 than in the past. Furthermore, the forecast is for a decline in the share of that age group from 32% in 1996 to 26% in 2015. Conversely, those aged 50-64 will increase from 14% to 21% over the same period. Employers will need to train and retrain workers already in the labour force (The Economic Benefits of Improving Literacy Skills in the Workplace, Conference Board of Canada, 2007) Additionally, youth require upgrading, with more than one third of Canadians age 16-25 having low literacy (International Adult Literacy and Skills Survey, Statistics Canada, 2005)

## ESL

ESL (English as a Second Language) class is held every **Monday evening from 6:00 to 7:30 p.m.**

Call 727-3207 for more information.

# Join us for a Good Ol' Saturday Night

The Red Lake District Adult Learning Centre with funding provided by a Seniors Community Grant will be hosting evenings filled with music, entertainment, and dancing with local musicians and storytellers.

The events are free and refreshments will be provided.

**Everyone over the age of 19 is invited!**

The Legion Bar will be available.

For more information please contact Catherine Mochrie at 662-1149.

**Date:** March 21

**Times:** 6:30 p.m. to closing.

**Let's get out for a  
Good Ol' Saturday Night!**

**Funded by the Government of Ontario.**



## Recipe Corner

### Turkey Vegetable Soup with Egg Noodles

**Ingredients:**

- 2 tsp olive or vegetable oil
- 2 leeks, cleaned and chopped
- 2 carrots, peeled and chopped
- 1 garlic clove, minced
- 1 stalk of celery, chopped
- 3 or 4 cups cooked turkey, cubed
- 2 -4 bay leaves
- 2 tsp thyme
- ½ tsp salt, ¼ tsp pepper
- 8 cups broth
- 6 ounces uncooked egg noodles
- 1 cup frozen peas
- 2 tbs chopped fresh parsley

**Instructions:**

Heat oil in large stock pot. Add leeks, carrots, garlic and celery and saute 4 minutes. Add turkey, bay leaves, thyme, salt and pepper and stir to mix well. Add broth and bring mixture to a boil. Reduce heat and partially cover and simmer for 10 minutes.

Return mixture to a boil and add noodles. Cook 10 minutes or till noodles are soft. Stir in peas and simmer 1 minute.

Remove from heat, discard bay leaves and stir in parsley.

## *Poetry Corner*

(Poetry submitted by our learners)

### I Am From

I am from pop cans, from pinesol and Vicks Vapo Rub.  
I am from the flour covered kitchens, white and powdery, makes my mouth dry.  
I am from the lady slippers, pink wild roses that grow wherever they please.  
I am from bannock and kindness, from Delilah and Carey.  
I am from eating Saturdays breakfast together and Christmas gatherings.  
From “Not even” and “Be nice”.  
I am from going to church every Sunday with my grandmother.  
I’m from Sioux Lookout and the Meekis family, bannock and moose meat.  
From the tragic death of my little brother who hung himself, the separation of my Mom and Dad.  
I am from my Grandmothers attic where I can go and hide memories from my past.

Anonymous Student

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### Another Week

Another week has come.  
It has come again way too soon  
My boys must pack  
their bags and teddy’s  
Then I’m alone in my empty room.  
I’ve dreaded this moment for days  
Because I won’t hear their voices say “Mommy”  
But I’ll keep myself busy in different ways  
Till home comes Trenton and Tommy.

I sit at the table  
Thinking “are they missing me too?”  
Than remind myself they are growing  
and they will be back again soon.

Suddenly it’s Monday!  
This day has finally come!  
I leave to get my babies.  
For once they see me  
to my arms they will run!

Julie Roy

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We're on the Web!

[redlakeadultlearning.org](http://redlakeadultlearning.org)

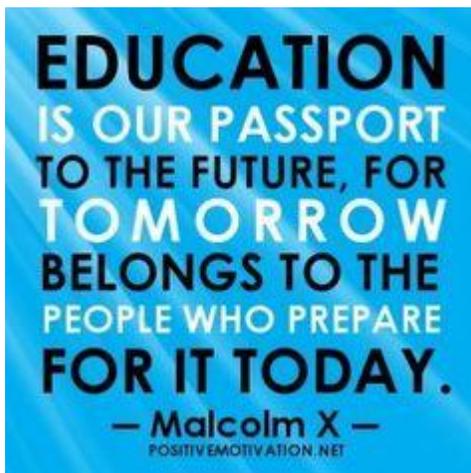
## Sponsors for 2014/2015

"It is not how much you give or do, but how much you put into giving or doing." ...and we are very grateful for those people in our lives.

Here is a list of this year's Corporate Sponsors.

- **Gillons' Insurance Brokers Ltd.**
- **Harmony Centre**
- **Lakeview Restaurant**
- **New Starts for Women**
- **Red Lake Career and Employment Services**
- **Red Lake District Lions Club**
- **Royal Canadian Legion Branch 238 – Ear Falls**
- **Rubicon Minerals Corporation**

**Thank you for your support**



### Quote

*Success is never final and failure never fatal. It's courage that counts!*

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*The perfect day – Going to bed with a dream and waking up with a purpose!*

## **EMPLOYMENT ONTARIO**

Ontario's employment & training network

This *Employment Ontario* service is funded in part by the Government of Canada